

**Church of St. Thomas  
The Apostle**

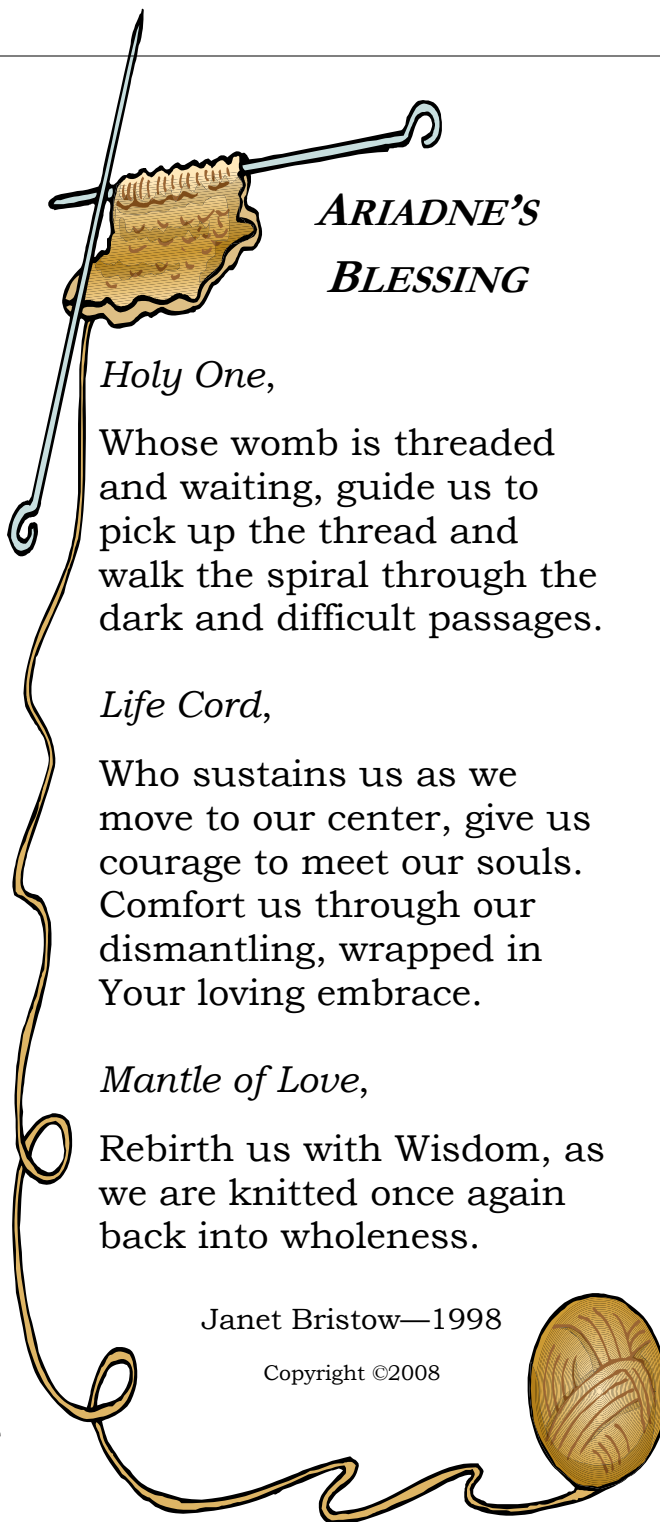
# **Knitting Ministry**

**Please join us  
The 4<sup>th</sup> Monday  
Of the month  
In the  
Parish Center  
7:00 p.m.  
Til  
????**

**All skill levels are  
welcome**

For further information  
and to obtain instructions  
Please visit:

[www.shawlministry.com](http://www.shawlministry.com)



## *ARIADNE'S BLESSING*

*Holy One,*

Whose womb is threaded  
and waiting, guide us to  
pick up the thread and  
walk the spiral through the  
dark and difficult passages.

*Life Cord,*

Who sustains us as we  
move to our center, give us  
courage to meet our souls.  
Comfort us through our  
dismantling, wrapped in  
Your loving embrace.

*Mantle of Love,*

Rebirth us with Wisdom, as  
we are knitted once again  
back into wholeness.

Janet Bristow—1998

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# *Shawl Ministry*



[www.shawlministry.com](http://www.shawlministry.com)

*“You created every part of me,  
knitting me in my  
Mother’s womb.  
For such handiwork,  
I praise you. Awesome this  
great wonder!”*

*Psalm 139:13-14*

## About The Shawls

In 1998, Janet Bristow and Victoria Galo, two graduates of the 1997 Women's Leadership Institute at The Hartford Seminary in Hartford, Connecticut gave birth to a ministry as a result of their experience in this program of applied Feminist Spirituality under the direction of Professor Miriam Therese Winter, MMS.

Care and the love of knitting (and crochet) have been combined into a prayerful ministry that reaches out to those in need of comfort and solace. Many blessings are knitted into every shawl. The knitter begins each shawl with prayers for the recipient. Intentions are continued throughout the creation of the shawl. When the shawl is completed it is offered a final ritual before being sent along its way.

As this gift has been sent along, some recipients have continued the kindness by making one themselves and passing it onto someone in need.

Thus, the blessing is rippled from person to person, with both the giver and receiver feeling the unconditional embrace of a sheltering, mothering God!

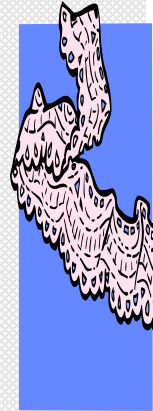
*Besides knit and crochet; the shawls can be woven, sewn, quilted, machine knitted, etc.*

*"Shawls ... made for centuries universal and embracing, symbolic of an inclusive, unconditionally loving, God.*

*They wrap, enfold, comfort, cover, give solace, mother, hug, shelter and beautify.*

*Those who have received these shawls have been uplifted and affirmed, as if given wings to fly above their troubles...*"

Janet Bristow -1998  
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## Some uses for the shawl

Undergoing medical procedures; as a comfort after a loss, during bereavement, prayer or meditation, commitment or marriage ceremonies, birthing, nursing a baby; as a bridal shower gift; leading ritual; first menses or crowning rites of passage, during an illness and recovery; ministering to others or just socializing...

There are endless possibilities!

To make a shawl personal, the giver or the recipient may want to adorn the shawl with beads, shells, feathers and charms. A blessing or ritual maybe offered when the gift is presented.



**Shawl Ministry Website:**  
[www.shawlministry.com](http://www.shawlministry.com)

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vacgalo 01/2008

### **Knitting Pattern:**

3 skeins, medium weight yarn  
Cast on 57 stitches. First row - Knit (k) three, Purl (p) three, to the end of the row.  
Turn and knit the purl and purl the knit.  
You will begin every row with knit.  
Knit about 2 2/3 skeins in the pattern.  
Use the rest of the yarn for fringe.  
Finished size is about 2'x7'.